



BOYS & GIRLS CLUBS
OF LARIMER COUNTY

Behavioral Health Team

About Our Team






Our Behavioral Health Team (BHT), which began in 2020 with one Licensed Clinical Social Worker, is now made up of a Licensed Clinical Social Worker, two Social Workers with a Masters of Social Work, one Social Emotional Learning Coordinator, and interns.

Based on a 2023 Club Assessment, families believe these are the most important programs we offer.



The BHT serves 1,000+ youth throughout the year at all of our Clubs. Services include one-on-one therapy and social emotional learning (SEL) groups at no extra cost to families.

What's The Impact?

-  Youth are more able to identify tools to manage emotion
-  Families experiencing food insecurities have been identified and assisted
-  Youth are engaging more with Social Emotional Learning programs
-  Families are supportive and advocate for the growth of these programs
-  Members needing emergency mental health support are provided care





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Awards

Christine Cunningham, Licensed Clinical Social Worker and BHT Director, was recognized for her passion and leadership with the “Best of Colorado Afterschool Program Director” award by the Colorado Afterschool Partnership.

Our team was also recognized by Boys & Girls Clubs of America with the National Roxanne Spillett Honor Award for Trauma-Informed Practice & Youth Well-being.



Community Services

Our BHT hosts regular Community Night Resource Fairs to connect families to valuable services that help meet their needs.

The BHT also hosts regular staff trainings on trauma-informed care and bring in outside experts on topics such as sexual assault victim advocacy, youth suicide prevention, and more.

What Do Youth Say?

“I’ve learned a lot from Miss Annie in the emotions programs and have learned lots of different ways to manage my emotions. One that I use a lot is the 5-4-3-2-1 that helps me calm down [referring to the 5-senses grounding technique] that Miss Annie taught me.” - Member, Lincoln Elementary Club

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